

THE SMART MONEY CHEAT SHEET

7 patterns that move every market - on one page.

1 Market Structure

Higher highs + higher lows = bullish. Lower highs + lower lows = bearish.

> BOS = trend continues. MSS = trend may be reversing.

2 Liquidity

Buy-side rests above old highs; sell-side below old lows. Equal highs/lows are magnets.

> Price sweeps the stops BEFORE the real move.

3 Order Blocks

The last opposite candle before a strong, sharp move (a change in delivery / CISD).

> Only valid with: sweep + MSS + FVG or displacement.

4 Fair Value Gaps

A 3-candle imbalance left by a fast move. Price tends to come back and fill it.

> CE = the 50% midpoint = your entry level.

5 Premium / Discount

50% of the range is equilibrium. Above it = premium; below it = discount.

> Sell in premium. Buy in discount. Never the reverse.

6 Optimal Trade Entry

After displacement, enter on the 62-79% retracement back into the move.

> 70.5% is the sweet spot. Stack it with an OB + FVG.

7 The Power of Three

Every session cycles: Accumulation, then Manipulation, then Distribution.

> Asian builds -> London traps -> New York delivers.

* The Unicorn (confluence)

The highest-odds setup is when several tools agree at once, pointing at the same target.

> OB + FVG + OTE + higher-timeframe bias + clear liquidity target.

When smart money moves (all times EST)

SESSION	TIME (EST)	WHAT SMART MONEY IS DOING
Asian session	8:00 PM - 12:00 AM	Accumulation - builds the day's range
London killzone	2:00 - 5:00 AM	Manipulation - the Judas swing, sweeps stops
New York AM	7:00 - 10:00 AM	Distribution - power hours, the biggest moves
London close	10:00 AM - 12:00 PM	Transition - elevated volatility
New York PM	1:00 - 3:00 PM	Distribution - late liquidity runs

Silver Bullet windows (1-hour precision): 3-4 AM · 10-11 AM · 2-3 PM EST

BEFORE YOU CLICK BUY / SELL

- ☐ Higher-timeframe bias is set
- ☐ Price is inside a killzone
- ☐ Liquidity has been swept
- ☐ Displacement + a fresh FVG
- ☐ At an order block / OTE zone
- ☐ In discount (buy) or premium (sell)
- ☐ CE (50%) entry is marked
- ☐ Risk is 1-2% max on this trade

THE RULES THAT KEEP YOU ALIVE

1-2%

max risk on any single trade

3-5%

hard daily loss limit - then stop

6 months

on demo before you go live

100 trades

logged, with a 60% win rate first

Killzones only

no setup outside the windows

This is just one of my free trader tools.

The rest - the Discipline Toolkit, the Cognitive Bias Card, the 100-Trade Consistency Audit, the bonus ICT chapters and every new drop - go straight to your inbox, free.

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ICT methodology was created by Michael J. Huddleston, The Inner Circle Trader (youtube.com/@InnerCircleTrader). This is an independent educational interpretation, not official ICT material.

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